

National Rollout of STARSS

Start Thinking About Reducing Second-hand Smoke

Teleconference Minutes

18 December 2009

Present: Wendy Reynolds (AWARE, Kingston, Ontario); Sylvie Palin (CAPC/CPNP National Projects Fund, Ottawa); Raylene Witt (Regina, Saskatchewan); Linda Floyd Sadler (Sussex, New Brunswick); Lisa Osmond and Nicole Hoben (Carbonear, Newfoundland); Lynne Parker (Portage La Prairie, Manitoba); Shannon Duke (Whitehorse, Yukon); Jacquie Lidstone (Alberton, PEI); Genevieve Clarke (Hay River, NWT); Terry Weber (Grande Prairie, Alberta); Suzanne Beaulieu (PHAC Ontario); Carmen Bresch (PHAC Saskatchewan); Sarah Doak (Northern Secretariat, Ottawa); Stephanie Curtis (PHAC British Columbia); Karen Langevin (PHAC Atlantic Region); Nancy Poole (BC Centre for Excellence in Women's Health, British Columbia); Joanne Chabassol (Addiction Services, Nova Scotia)

Regrets: Lindsay Roberts (Whitehorse, Yukon); Christine Sim (Port Alberni, British Columbia); JoAnna LaTulippe-Rochon (Sydney, Nova Scotia); Cheryl Stetsko Mayne (Grande Prairie, Alberta); Sandra Duncan (Health Promotion Unit, Government of Yukon, Whitehorse); Lisa Kehler (PHAC Manitoba); Monica Vanderleest (PHAC Alberta); Andrea Mainer (Northern Secretariat, Whitehorse); Chrysta Bell (AADAC/Alberta Health Services, Alberta); Phyllis Price (Public Health Services, Nova Scotia); Brenda Miller (AWARE, Kingston, Ontario)

- 1. Welcome and Introductions:** Wendy welcomed everyone to the teleconference and extended a special welcome to the new participants from our Phase 2 rollout sites who joined us for the first time today, including Raylene Witt (SK) and Linda Floyd Sadler (NB). Also, Lynne Parker is “replacing” the irreplaceable Heather Leeman from Portage la Prairie, who has taken a job as the Executive Director of the North End Women's Centre in Winnipeg. We wish Heather all the best in her new job and extend our deepest thanks for her support of **STARSS** over the years. Lynne is a great addition to our team, as she has been directly involved in **STARSS** delivery in Portage since 2006. Also, a special welcome was extended to Nancy Poole from the BC Centre for Excellence in Women's Health who joins the teleconferences for the first time today, too. Nancy brings a wealth of expertise and knowledge regarding women and substance use to our team. Thanks, Nancy!
- 2. Review of the Minutes of the November 2009 National Teleconference:** Wendy asked for any changes regarding the minutes of the November teleconference and there were none. As promised in the minutes, Wendy had previously distributed to everyone a “Who's Who” for **Phase 2 of the National Rollout of STARSS** which is divided by Phase 1 rollout sites, Phase 2 rollout sites, PHAC contacts, and our National Advisory Committee members. Please double check for accuracy and let Wendy know about errors/omissions.
- 3. Phase 2 of the STARSS National Rollout:**
 - a) Rollout site selection:** We now have rollout sites selected for Saskatchewan and British Columbia. The site in Saskatchewan is the Al Richie Health Action Centre in Regina and the BC site is at the Port Alberni Friendship Centre on

Vancouver Island. So all of our rollout sites for Phase 2 have now been selected. Thanks so much to Christine from PHAC in BC and Carmen from PHAC in Saskatchewan for making the arrangements for the sites.

- b) **National Advisory Committee Members:** Wendy has confirmed with our “external experts” from Phase 1 of the Advisory Committee that they are willing to participate in teleconferences as their schedules permit. As mentioned above, we have also welcomed Nancy Poole from BC to the group. We are still looking to involve women from Saskatchewan and elsewhere in the Atlantic (i.e., not Nova Scotia) who have expertise / knowledge regarding women and smoking issues. Nancy Poole indicated that she might have a couple of names of people in Saskatchewan which she will forward to Wendy and Karen Langevin will do likewise with a couple of contacts that she has in PEI, one of whom has already been in touch with AWARE regarding a women and smoking study that was based at UPEI.
- c) **National meeting:** We spent a lot of time discussing the arrangements for the national meeting to be held in Ottawa on January 18th and 19th. Wendy wanted to reassure all the rollout site participants that the travel arrangements will be clearly indicated and sent in (probably numerous) emails during the first week of January. Many of our Phase 2 rollout site folks have never been to Ottawa before, so we want to make sure that they feel as comfortable as possible with the arrangements. Since PHAC staff are not likely to have travel money available to them to come to the meeting in Ottawa, we will try to make arrangements to have either videoconferencing or teleconferencing equipment available during the meeting for those who wish to make use of it.
- d) **STARSS train-the-trainer manual:** This agenda item was deferred due to lack of time for discussion.

- 4. **STARSS e-newsletter:** The December edition of the **STARSS e-newsletter** is completed and we tried to incorporate the great ideas people put forward in the previous teleconference. It has been uploaded to the AWARE website and French translations of all the newsletters have also been posted. We asked for ideas for the January newsletter, and resolutions were suggested. We decided that, in keeping with the **STARSS** messaging, the resolutions would be geared to service providers in helping them resolve how to “talk like a STAR!” We will distribute a draft of the January version of the newsletter for comment and feedback before we post it to the website.

5. **Regional Activities:**

Yukon: As always, Lindsay and especially Shannon have been busy with **STARSS** activities. They have started a Valentine’s card making activity with **STARSS** wishes on them. The **STARSS** group at the teen parenting centre (where they are doing the scrapbooking activity mentioned during the last teleconference) is still going strong. Shannon has done a **STARSS** telehealth training session with FNIHB CPNP projects in the NWT and they have requested more training, which Shannon will be providing in Whitehorse during the last week of February; Genevieve will be attending this training, too.

Alberta: Terry is able to attend the national meeting in Ottawa, so she will be able to share her experiences with the Phase 2 rollout sites regarding her work on the individual sessions of **STARSS** that she does as part of her home visits with moms.

Manitoba: Even though Heather has moved on to a new job, she is fulfilling her commitment to do a **STARSS** training with CPNP projects, scheduled to be held in Winnipeg during the second week of January. Lynne is attending this with Heather to gain a bit more experience in doing **STARSS** training. Again, a big thanks is due to Heather for her continued commitment to **STARSS**.

Ontario: Suzanne had some interesting feedback regarding the French version of **STARSS** (called **BRAVO**) from one of her Francophone projects. She dropped off the **BRAVO** materials but didn't have time to provide any training; she simply suggested that the staff look it over and get back to her to arrange a training time. However, the project coordinator called Suzanne and asked if she could implement **BRAVO** without having to wait for the training, as she had found the materials easy to use and implement. (Of course, Suzanne said yes!)

Nova Scotia: Wendy indicated again that AWARE is still receiving orders for **STARSS** resources from Nova Scotia, so it really seems to have bloomed there, thanks to everyone's commitment.

6. Next Teleconference: The next national teleconference is scheduled for Friday January 29th at 1:00 Eastern.