

STARSS Theme Bag Contents

Lending Library

Linda Floyd Sadler, Sussex New Brunswick

The CAPC project at the Kings County Family Resource Centre in Sussex, NB has over the past several years offered a lending library for parents; theme bags are available for parents to take home and use the ideas contained within the bags which are designed to address several of the issues the parents deal with (for example, literacy issues). When the Kings County FRC became involved with **STARSS**, a theme bag was developed for the lending library. The contents of the **STARSS** theme bag include:

1. A package of Smoke Free Cig-rettes
2. Star shaped baking supplies:
 - A tin baking pan for muffins, etc.
 - Foil baking moulds
 - Cookie cutters
 - A rice krispies treat recipe and instructions for making star shaped treats
3. Books:
 - Till All the Stars Have Fallen
 - Time for Bed
4. Three packages of star shaped stickers
5. Toys:
 - Red plastic star
 - Pink musical star
6. Three pencils with a star motif
7. Felt star stickers
8. Three craft bags for kids that include in different combinations:
 - Crayons
 - Scissors
 - A star template
 - Card stock
 - Popsicle sticks
 - Glue stick
 - Yarn
 - Wooden star
 - Paint
 - Paint brushes
 - Sponge
 - Star stickers
 - Instructions
9. Journal materials that includes star letterhead for notes
10. **STARSS** Handouts:
 - **STARSS** newsletters
 - Goals for Your Home
 - Effects of Secondhand Smoke on Children

